

Skin → Fungus

TINEA CORPORIS

10/VIII 2013

ARJUN SHARMA

SKIN FUNGAL INFECTION (TINEA CORPORIS)

TREATMENT FROM DEC 2010

I HAVE BEEN SUFFERING FROM A FUNGAL INFECTION FOR THE PAST SIX YEARS. I ~~CONTACT~~ WAS INFECTED AROUND 2007. AT THAT TIME IT WAS FAIRLY MILD AND I HAD TREATED THESE WITH OVER-THE-COUNTER MEDICATION. A FEW YEARS AFTER THAT, WHEN THE ITCH BECAME MORE SEVERE I VISITED A SKIN SPECIALIST WHO GAVE ME MEDICINES FOR IT. UNFORTUNATELY I DID NOT KNOW THEN THAT THESE ALLOPATHIC MEDICINES COULD ONLY GIVE ME TEMPORARY RELIEF. FURTHER MORE ONE OF THE CREAMS GIVEN TO ME WAS A STEROID WHICH SEEMED EFFECTIVE AT FIRST BUT ULTIMATELY COMPLICATED MY PROBLEM. ~~TO~~ ~~SUCH~~ WHEN I VISITED DR. SUNIL, I WAS NOT KEEN ON HOMEOPATHIC TREATMENT, MAINLY DUE TO THE RESTRICTIONS AND GUIDELINES TO BE FOLLOWED. HOWEVER, ~~WHEN~~ I DECIDED TO OPT FOR THIS TREATMENT PURELY ON THE STRENGTH OF MY INTERVIEW WITH THE DOCTOR.

DURING THIS INTERVIEW THE DOCTOR DID TWO VERY SIGNIFICANT THINGS THAT NO PREVIOUS DOCTOR HAD DONE BEFORE. FIRSTLY, HE EXPLAINED TO ME IN GREAT DETAIL WHAT MY AILMENT WAS AND HOW IT AFFECTED ME. THIS WAS SOMETHING THAT MY PREVIOUS ALLOPATHIC DOCTOR HAD FAILED TO DO & HAD EVEN ADVISED DOING.

SECONDLY: HE ACCURATELY PREDICTED HOW AN ALLOPATHY

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DOCTOR WOULD RESPOND TO MY SITUATION. ^{DATE} ^{TIME} AT THAT TIME I HAD NOT REVEALED TO DR. SUNIL THAT I HAD, IN FACT, QUESTIONED THE ALLOPATH AND FOUND THAT DOCTORS ^{THAT THE} ~~REASON~~ INARTICULATE AND WAS AVOIDING ~~ANSWERING~~ ~~THE~~ ANSWERING MY QUESTION.

~~THROUGH TREATMENT~~, IT IS THESE KINDS OF OBSERVATIONS AND INSTRUCTIONS, FROM DR. SUNIL THAT HAVE BEEN THE SALIENT FEATURE OF MY TREATMENT. MOST OF THIS DOCTOR'S INSTRUCTIONS/OBSERVATIONS SEEM ODD TO ME. ~~THEY ARE~~ ON MOST OCCASIONS THEY ARE SEEM "UNSCIENTIFIC" (I USE THIS TERM LOOSELY). HOWEVER, ONE OF TWO THINGS IS ALWAYS TRUE. EITHER DR. SUNIL'S OBSERVATIONS ARE CORROBORATED OR SHARED BY PEOPLE ^{I HAVE MET} FROM VARIOUS OTHER WALKS OF LIFE OR THAT THEY HAVE ~~ALWAYS~~ BEEN OBSERVED BY MYSELF, EITHER IN THE COURSE OF TREATMENT (ON MY BODY) OR ELSEWHERE [IN THAT SENSE - THEY FULFIL THE ONLY REQUIREMENT OF SCIENCE "THAT THE OBSERVATIONS ARE PROVED BY EXPERIMENT"]

ONE OF THE BEST THINGS ABOUT DR. SUNIL IS THAT HE TAKES PAINS TO BE AVAILABLE TO PATIENTS. HE IS GENERALLY AVAILABLE ON PHONE AND RESPONDS TO ONLINE MESSAGES. I FEEL THIS HAS MADE A BIG DIFFERENCE TO MY OVERALL TREATMENT.

ANOTHER IMPORTANT POINT IS DR. SUNIL'S RELIANCE ON DIET AS A ROAD TO HEALTH. THIS HAS BEEN ONE OF MY MOST IMPORTANT EDUCATIONAL EXPERIENCE (AND ALTHOUGH I HAVE TROUBLE STICKING TO THE DISCIPLINE OF THE DIET, I ^{HAVE BECOME} A STAUNCH BELIEVER IN DR. SUNIL'S DOCTRINE ON FOOD.

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CONTD FROM NEXT PAGE

~~Another~~ HAPPY BY-PRODUCT OF MY EXPERIENCE W. DR. SUNIL IS THAT MY OVERALL IMMUNITY HAS INCREASED. DR. SUNIL'S DIETARY REGIMEN HAS IMPROVED MY HEALTH. I FALL SICK LESS FREQUENTLY AND RECOVER FROM COMMON COLDS ~~OR~~ ETC. QUICKER THAN I USED TO. THIS OVERALL BUILDING OF MY HEALTH IS THE MOST IMPORTANT HALLMARK OF MY TREATMENT HERE.

~~DR. SUNIL~~ DR. SUNIL ALSO SEEMS TO HAVE KNOWN ~~AS ADDITIONAL TO HIS KNOWLEDGE~~ OF AYURVEDIC DOCTRINES. ~~HE~~ QUITE OFTEN HE SUGGESTS A COURSE OF ACTION THAT DRAWS WISDOM FROM HOMEOPATHY, AYURVED AND ALLOPATHY.

I WOULD LIKE TO EXPRESS MY SINCERE GRATITUDE TO DR. SUNIL FOR ALL THAT HE HAS DONE FOR ME AND, NOW, DOES FOR MY FAMILY.

ARJUN SHARMA. (24/05/2014)